



## Arc Flash Lanyard Instruction Manual



### WARNING

This product is part of a personal fall arrest system. The manufacturer's instructions must be provided to users of this equipment. The user must follow the manufacturer's instructions for each component of the system. The user must read and understand these instructions before using this equipment. Manufacturer's instructions must be followed for proper use and maintenance of this equipment. Alterations to this product, misuse of this product, or failure to follow instructions may result in serious injury or death.

### IMPORTANT

Questions regarding the use, care, or suitability of this equipment for your application? Contact Safewaze.

### IMPORTANT

Record identification information before using this product. Identification information may be found on the equipment label. This information should be recorded in the "Inspection Log" located at the back of this manual.

OSHA 1926 Subpart M, OSHA 1910.66, ANSI Z359.13  
This manual is intended to meet the manufacturer's instructions as required by ANSI Z359 and should be used as part of an employee training program as required by OSHA.

### User Information

Date of First Use: \_\_\_\_\_  
Serial#: \_\_\_\_\_  
Trainer: \_\_\_\_\_  
User: \_\_\_\_\_

Do not throw away these instructions!

Read and understand these instructions before using equipment!

### INTRODUCTION

Thank you for purchasing a Safewaze Energy Absorbing Lanyard. This manual must be read and understood in its entirety, and used as part of an employee training program as required by OSHA or any applicable state agency. This manual and any other instructional material must be available to the user of the equipment. The user must understand how to safely and effectively use the Lanyard, and all fall protection equipment used in conjunction with the Lanyard.

### APPLICABLE SAFETY STANDARDS

When used according to instructions, Safewaze Energy Absorbing Lanyards meet all applicable ANSI Z359 standards and OSHA regulations for fall protection. Applicable standards and regulations depend on the type of work being done, and may include state-specific regulations. Refer to local, state, and federal (OSHA) requirements for additional information concerning the governing of occupational safety regarding Personal Fall Arrest Systems (PFAS).

### WORKER CLASSIFICATIONS

Understand the definitions of those who work in proximity of or may be exposed to fall hazards.

**Qualified Person:** "Qualified Person" means one who, by possession of a recognized degree, certificate, or professional standing, or who by extensive knowledge, training, and experience, has successfully demonstrated his ability to solve or resolve problems relating to the subject matter, the work, or the project.

**Competent Person:** "Competent Person" means one who is capable of identifying existing and predictable hazards in the surroundings or working conditions which are unsanitary, hazardous, or dangerous to employees, and who has authorization to take prompt corrective measures to eliminate them.

**Authorized Person:** "Authorized Person" means a person approved or assigned by the employer to perform a specific type of duty or duties or to be at a specific location or locations at the job site.

It is the responsibility of a Qualified or Competent person to supervise the job site and ensure safety regulations are complied with.

### PRODUCT SPECIFIC APPLICATIONS

**Purpose:** Safewaze Arc Flash Lanyards are designed to be used as part of a Personal Fall Arrest System (PFAS).

- A competent person shall train users on this equipment in accordance with OSHA and ANSI.
- Never exceed a free fall distance of 6 ft. A free fall of more than 6 ft could cause excessive arrest forces that could result in serious injury or death.
- Safewaze Arc Flash Lanyards have a maximum capacity of ANSI 310 lbs including any tools, clothing, accessories, etc., OSHA 420 lbs, unless otherwise rated by Safewaze.
- Structures for attachment of a Safewaze Lanyard shall support a minimum 5,000 lbs or be designed with a safety factor of two by a Qualified Person.
- All Safewaze lanyards must IMMEDIATELY be removed from service if subjected to fall arrest forces.
- Safewaze lanyards shall be inspected by the end user prior to each usage and by a Competent Person other than the user at least annually. These inspections shall be documented.

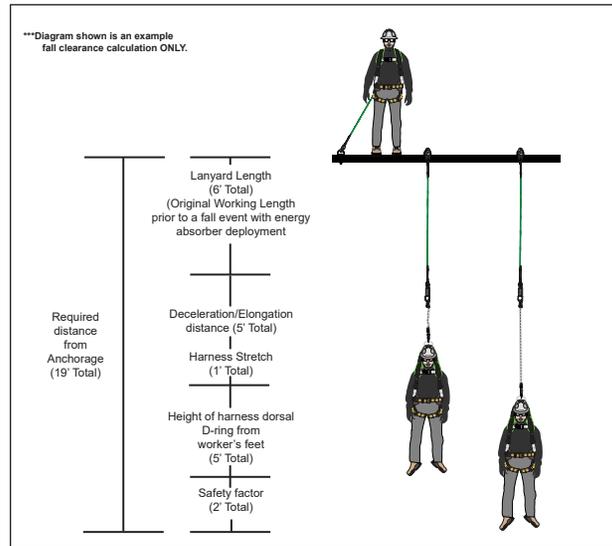
### LIMITATIONS

**Fall Clearance:** There must be sufficient clearance below the anchorage connector to arrest a fall before the user strikes the ground or an obstruction. When calculating fall clearance, account for a MINIMUM 2' safety factor, deceleration distance, user height, length of lanyard/SRL, and all other applicable factors. (See Figure 1)

FIGURE 1

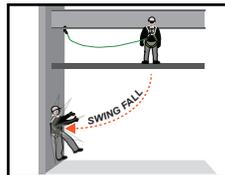
For all applications: worker weight capacity range (including all clothing, tools, and equipment) is ANSI 130-310 lbs, OSHA 420 lbs.

### Fall Clearance Diagram - Foot Level Tie-Off



**Swing Falls:** Prior to installation or use, make considerations for eliminating or minimizing all swing fall hazards. Swing falls occur when the anchor is not directly above the location where a fall occurs. Always work as close to in line with the anchor point as possible. Swing falls significantly increase the likelihood of serious injury or death in the event of a fall. (See Figure 2)

FIGURE 2

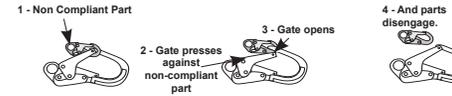


### COMPATIBILITY OF CONNECTORS

Connectors are compatible with connecting elements when they have been designed to work together in such a way that their sizes and shapes do not cause their gate mechanisms to inadvertently open regardless of how they become oriented. Connectors (hooks, carabiners, and D-rings) must be capable of supporting at least 5,000 lbs. (22.2 kN). Connectors must be compatible with the anchorage or other system components (See Figure 4). **Do not use equipment that is not compatible.** Non-compatible connectors may unintentionally disengage (See Figure 3). Connectors must be compatible in size, shape, and strength. Self-locking snap hooks and carabiners are required by ANSI Z359 and OSHA guidelines. Contact Safewaze if you have any questions about compatibility.

**NOTE:** SOME SPECIALITY CONNECTORS HAVE ADDITIONAL REQUIREMENTS. CONTACT Safewaze WITH QUESTIONS.

FIGURE 3 - UNINTENTIONAL DISENGAGEMENT



Using a connector that is undersized or irregular in shape (1) to connect a snap hook or carabiner could allow the connector to force open the gate of the snap hook or carabiner. When force is applied, the gate of the hook or carabiner presses against the non-compliant part (2) and forces open the gate (3). This allows the snap hook or carabiner to disengage (4) from the connection point.

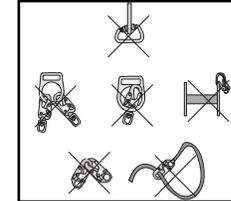
### MAKING CONNECTIONS

Snap hooks and carabiners used with this equipment must be double locking and/or twist lock. Ensure all connections are compatible in size, shape and strength. Do not use equipment that is not compatible. Ensure all connectors are fully closed and locked.

Safewaze connectors (snap hooks and carabiners) are designed to be used only as specified in each product's user's instructions. See figure 4 for examples of inappropriate connections. Do not connect snap hooks and carabiners:

- To a D-ring to which another connector is attached.
- In a manner that would result in a load on the gate (with the exception of tie back hooks).
- NOTE: Large snap hooks must not be connected to objects which will result in a load on the gate if the hook twists or rotates. Snap hooks marked with ANSI Z359.12 and are equipped with a 3,600 lb (16 kN) gate. Check the marking on your snap hook to verify its compatibility.
- In a false engagement, where features that protrude from the snap hook or carabiner catch on the anchor, and without visual confirmation seems to be fully engaged to the anchor point.
- To each other.
- By wrapping the web lifeline around an anchor and securing to lifeline except as allowed for Tie Back models.
- To any object which is shaped or sized in a way that the snap hook or carabiner will not close and lock, or that roll-out could occur.
- In a manner that does not allow the connector to align properly while under load.

FIGURE 4 - INAPPROPRIATE CONNECTIONS



### APPLICATIONS

**Personal Fall Arrest:** The Arc Flash Lanyard is designed as an anchor point to support a maximum of 1 Personal Fall Arrest System (PFAS) when utilized for fall protection applications. The structure to which the anchor is attached must withstand loads applied in the directions permitted by the system of at least 5,000 lbs. Maximum allowable free fall is 6'.

**Restraint:** The Arc Flash Lanyard is authorized for use in Restraint applications. The structure to which the anchor is attached must withstand loads applied in the directions permitted by the system of at least 1,000 lbs. NO free fall is permitted. Restraint systems may only be used on surfaces with slopes up to 4 / 12 (vertical / horizontal). For Restraint applications, the allowable attachment points to harness are Dorsal D-ring, Chest D-ring, Side D-rings, and Shoulder D-rings.

**Rescue/Confined Space:** The Arc Flash Lanyard is authorized for use in Rescue/Confined Space applications. Rescue systems are utilized to safely recover a worker from a confined location or after exposure to a fall. Composition of rescue systems can vary based upon the type of rescue involved. The structure to which a Lanyard is attached must withstand loads applied in the directions permitted by the system of at least 3,000 lbs. NO free fall is permitted. For rescue applications, the allowable attachment points to harness are Dorsal D-ring, Chest D-ring and Shoulder D-rings.

All above referenced applications have a worker weight capacity range of ANSI 130-310 lbs (including all clothing, tools, and equipment), OSHA 420 lbs.



