

Fall Protection Equipment Inspection Guidelines*

Inspection Frequency: Before Each Use and Annually



HARNESSES

Check for DEFECTS:

- Label must be present
- Webbing (see Fig. A)
- D-ring(s)
- Buckle attachment points
- Tongue and grommets
- Tongue buckles
- Friction & mating buckles

WARNING:
NEVER ALTER YOUR HARNESS



LANYARDS

- Label must be present
- Webbing, cable or rope:
Check for defects (see Fig. A & B)
- Connecting hooks:
Check for proper operation
- Energy absorber:
Check to ensure non-deployment

Fig. A: Webbing Defects

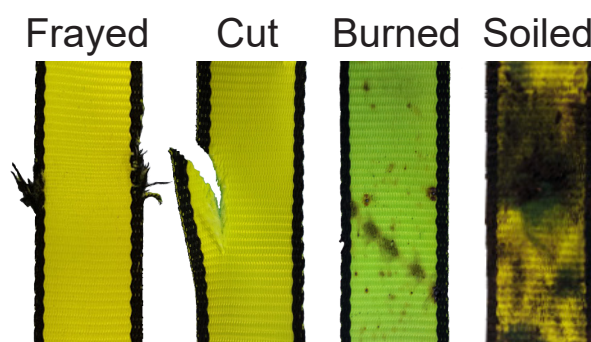


Fig. B: Cable Defects



SELF-RETRACTING DEVICES

- Must have Date of Manufacture (DOM) and Serial Number
- Check entire length of cable/webbing for defects (see Fig. A & B)
- Conduct several "pull tests" to ensure brake is functioning correctly
- Ensure load indicator has not been activated
- Inspect connecting hooks and/or carabiners for damage
- Check housing for distortion, cracks or other damage

*Guidelines provided are not all-encompassing. Please refer to product instruction manual(s) and training materials for full inspection checklists.

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