



## Fall Arrest



A fall arrest system is a passive means to protect the user in the event a fall should occur. It is recommended whenever a working height of six feet (6') or more is reached. (A working height is defined as the distance from the walking/working surface to a grade or lower level.)

## Positioning



A personal positioning system is one that enables the user to maintain their position in a hands-free environment, allowing them complete use of their hands while working. This system is used in conjunction with a fall arrest system as a backup.

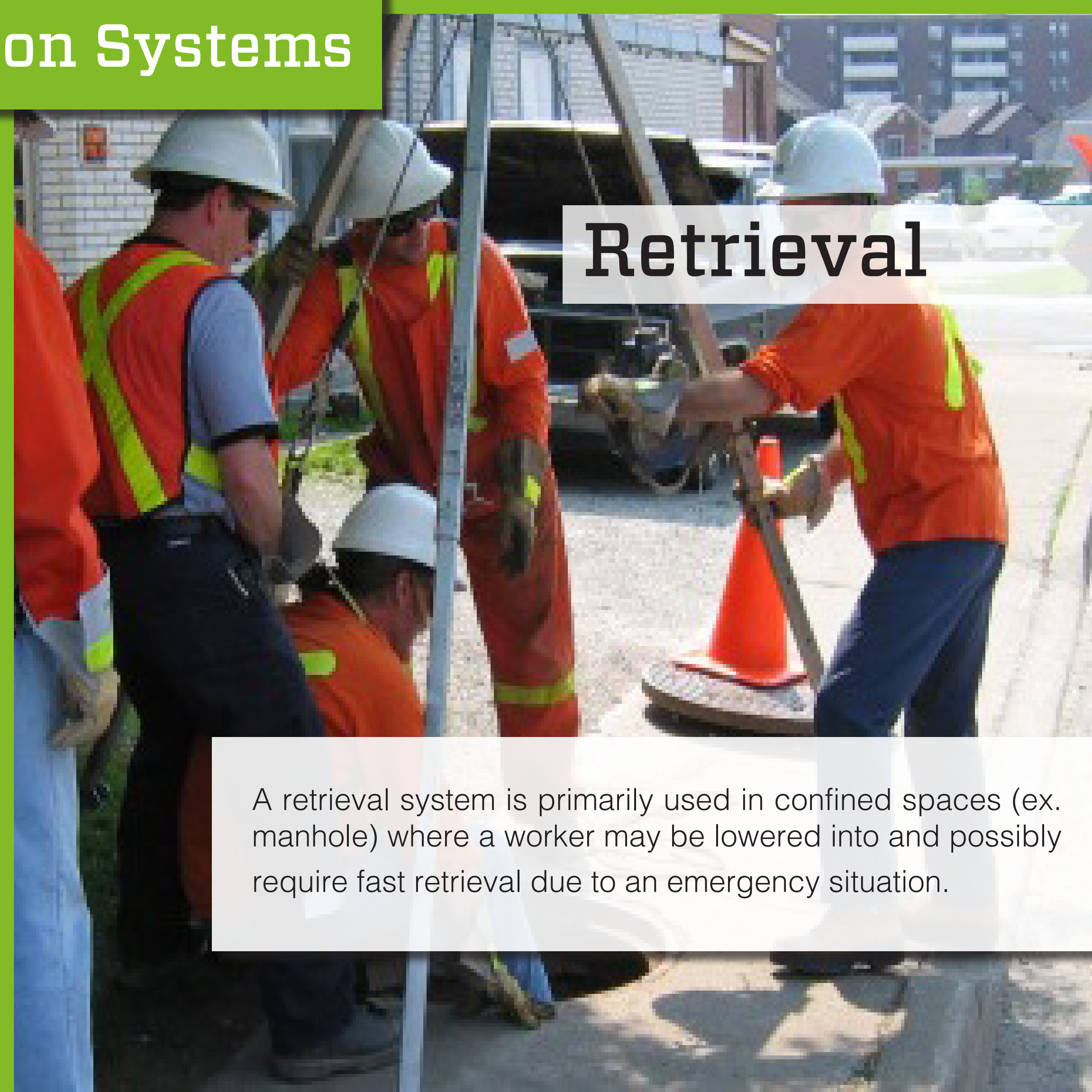
## 4 Functions of Fall Protection Systems

## Suspension



A suspension system is utilized whenever the worker needs to be lowered and supported in their working environment, such as during window washing or painting. This system provides a hands-free environment for the user to function in. It is used in conjunction with a fall arrest system as a backup.

## Retrieval



A retrieval system is primarily used in confined spaces (ex. manhole) where a worker may be lowered into and possibly require fast retrieval due to an emergency situation.